UNITED STATES DISTRICT COURT
DISTRICT OF NEW HAMPSHIRE

Charles Wolff

v. Docket No. 06-cv-321

NH Department of Corrections, et al

AFFIDAVIT OF JEFF PERKINS

I, Jeff Perkins, Upon Oath Do Hereby Depose And State As Follows:

1. I am currently employed by the New Hampshire Department of Corrections, State Prison for Men ("NHSP"), 281 North State Street, Concord, New Hampshire. I make this affidavit based on my personal knowledge.

2. I am the Food Service Supervisor for the NHSP. I have been employed by the NHSP as Food Service Supervisor for the last 23 years. I received my education in food service preparation from Southern Maine Technical Institute.

3. As the Food Service Supervisor, I am responsible for the overall planning and preparation of inmate meals including meals for religious diets.

4. As a religious practice, Inmate Charles Wolff consumes a Kosher diet.

5. Attachment A is an example of the Kosher diet menu. Breakfast and Lunch are prepared by the Corrections kitchen staff. Kosher dinner entrees are provided at dinner time.

6. The Department of Corrections purchases it's prepackaged Kosher meals from a vendor known as Good Source.

Dockets.Justia.com

7. Attachment B is an example of the nutrition facts of the prepackaged Kosher meals that are provided to inmates who require Kosher foods as a religious diet.

8. Based on my experience and expertise in food service preparation, the Kosher menu provides proper nutrition.

I, declare under penalty of perjury that the foregoing is true and correct.

/s/ Jeff Perkins
Jeff Perkins

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Attachment A
PENGAD-Bayonne, N.J.

# KOSHER MEALS

INSTITUTION: N.H.S.P. CONCORD DATE 2/10/07

| | ITEM | PORTION SIZE | TOTAL CALORIES |
|---|---|---|---|
| **BREAKFAST** | | | |
| | | | |
| | 3 hardboiled eggs | 3 | 255 |
| | 3 slices bread | 3 | 210 |
| | 1 banana | 1 | 105 |
| | 3 jelly | 3 | ~~150~~ 54 |
| | 3 sweet-n-low | 3 | ~~0~~ |
| | 1 milk | 1 | 220 |
| | 1 bowl pak cereal | 1 | 110 |
| | | | |
| | | | |
| **LUNCH** | Baked Fish | | 355 |
| | Milk | | 220 |
| | w. Crackers | | 200 |
| | Cookies | | 200 |
| | Nuts | | 410 |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| **DINNER** | Salisbury Steak Meal | | 360 |
| | Bottle Water | | ~~0~~ |
| | 2 slice bread | | 140 |
| | carrot stix | | 30 |
| | 1 Banana | | 105 |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |

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Attachment B

PENGAD-Bayonne, N.J.

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12/05
KOSHER HALAL
FLORENTINE LASAGNA
Noodles in Tomato Sauce with Cheese
MY OWN MEAL®
PROD:
BEST BY:
Boiling Instructions:
1. Open box along side and remove tray. Carefully submerge tray in boiling water. HEAT for 4 minutes.
2. Remove tray. Let stand one minute. Peel lidding away from tray slowly. CAUTION: Steam will be released upon opening.
MY OWN MEAL®
FLORENTINE LASAGNA
Noodles in Tomato Sauce with Cheese & Vegetables
• FULLY COOKED & REFRIGERATION FREE
• NO ARTIFICIAL FLAVORS OR COLORS
• NO MSG
BOILABLE AND MICROWAVEABLE
KS D
SOLOVEICHIK
SERVING SUGGESTION
DAIRY
PRODUCT
KOSHER HALAL

MY OWN MEAL®

# FLORENTINE

Noodles in Tomato Sauce with C[heese]
& Vegetables

| Amount Per Serving | |
|---|---|
| **Calories** 270 | Calories from Fat 50 |
| | **% Daily Value*** |
| **Total Fat** 5g | **8%** |
| Saturated Fat 3g | **15%** |
| Trans Fat 0g | |
| **Cholesterol** 15mg | **5%** |
| **Sodium** 740mg | **31%** |
| **Total Carbohydrate** 43g | **14%** |
| Dietary Fiber 4g | **14%** |
| Sugars 4g | |
| **Protein** 13g | |

| | | | |
|---|---|---|---|
| Vitamin A 30% | • | Vitamin C | 30% |
| Calcium 20% | • | Iron | 15% |

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

| | | | |
|---|---|---|---|
| | Calories: | 2,000 | 2,500 |
| Total Fat | Less than | 65g | 80g |
| Sat Fat | Less than | 20g | 25g |
| Cholesterol | Less than | 300mg | 300mg |
| Sodium | Less than | 2,400mg | 2,400mg |
| Total Carbohydrate | | 300g | 375g |
| Dietary Fiber | | 25g | 30g |

1. Open box along side and remove tray. Peel back lid slightly at corner or puncture to vent.

2. Heat in microwave oven on HIGH for approximately 2 minutes.

3. Remove from microwave. Let stand one minute. Peel lidding away from tray slowly.

**CAUTION:** ***Steam will be released upon opening.***

## FLORENTINE LASAGNA

**INGREDIENTS:** WATER, COOKED ENRICHED MACARONI PRODUCT (SEMOLINA, EGG WHITE, NIACIN, FERROUS SULFATE, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), TOMATO PASTE, RICOTTA CHEESE (PASTEURIZED WHOLE MILK, VINEGAR OR CITRIC ACID, SALT), LOW MOISTURE MOZZARELLA CHEESE (PARTIALLY SKIMMED PASTEURIZED MILK, CULTURES, SALT, ENZYMES), SPINACH, ZUCCHINI, CORNSTARCH, PINTO BEANS, ONION, PARMESAN CHEESE (PASTEURIZED MILK, CULTURE, SALT, ENZYME, SODIUM SILICO ALUMINATE, SORBIC ACID), NONFAT DRY MILK, ONION POWDER, SALT, MINCED GARLIC, SPICES.

**CONTAINS: WHEAT, EGGS AND MILK.**

DISTRIBUTED BY MY OWN MEALS, INC., DEERFIELD, ILLINOIS 60015 USA
**www.myownmeals.com**

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Rabbi A. Soloveichik, ztl, Founding Halachic Authority Rabbi M. Soloveichik (KS) D
This product is Certified Halal and meets strict Halal standards established by the Islamic Food and Nutrition Council of America (IFANCA).

MY OWN MEAL®